STATEWIDE ACTIVITIES

- Adopt NAMI Georgia’s 2016 theme: “Be a Georgia Mental Health Hero” – business cards and scarfs
- Encourage your local county commissions to take the Stepping Up pledge (www.Stepuptogether.org).
- Advocate for your state and local legislators to support Family Involvement House Bill (HB 705).
- Engage with social media: #MentalHealthMatters #MentalHealthAwareness #BeAGaMentalHealthHero #FightStigma

FUNDRAISING WITH NAMIWALKS

NAMIWalks Georgia
Contact: WALK Manager
www.namiwalks.org/georgia
Chastain Park (Pending), Atlanta, GA
namiwalks@namiga.org
October 8, 2016
(770) 234-0856

NAMIWalks NW Georgia
Contact: Jim Moore
www.namiwalks.org/rome
Heritage Park, Rome, GA
jmbm71@bellsouth.net
October 1, 2016
(706) 232-4607, (706) 506-8314

NAMIWalks SW Georgia
Contact: Shannon Bell
www.namiwalks.org/southwestgeorgia
Courthouse Square, Moultrie, GA
shann.mbell@gmail.com
October 15, 2016
(229) 454-1668

LOCAL ACTIVITIES

- Schedule or participate in a Mental Health Proclamation by your local County Commissioners, City Council, and Mayor.
- Make mental health disorders a “Casserole Illness”
- Create a mental health book display at your local, school, or college libraries.
- Light up your community GREEN for Mental Health Awareness.
- Host or participate in candle light vigils for individuals impacted by mental illness.
- Mental Health Fashion Show
- Host an Educational Event:
  - NAMI Programming:
    - Mental Health Panel
    - Mental Health Awareness Breakfast
    - Movie Screening – “Call Me Crazy” or “Touched with Fire”
    - In Our Own Voice (IOOV) – presentations from individuals with lived experiences
    - Sharing Hope – program designed specifically for African American communities
    - Say it Out Loud – program equips adult to talk with teens at mental illness

ENGAGEMENT & VOLUNTEER OPPORTUNITIES

- Ongoing
  - Volunteer at the NAMI state office or at a local NAMI affiliate
  - Atlanta, GA and statewide
- 04/30/16
  - NAMI Georgia Annual Conference & Meeting
  - Mercer University – Atlanta, GA

AKA – NAMI PARTNERSHIP ACTIVITY PLANNING GUIDE

Visit www.NAMI.org to view a complete AKA – NAMI Partnership Activity Planning Guide as well as additional tools and resources.

Link to resources: www.nami.org/Extranet/NAMI-State-Organization-and-NAMI-Affiliate-Leaders/Awareness/aka