Weekly Webinars
https://zoom.us/j/462368458

April 2nd Noon
Join NAMI Georgia as we host Otsuka Pharmaceuticals for a PsychU webinar on Wellness in Mental Health. We will explore the scientific understanding of wellness, and share tips to build resilience during COVID-19.

April 9th Noon
Dr. Morais Cassell will host a live webinar on A COVID-19 Response to Youth in Crisis. He will share strategies to de-escalate crisis scenarios with youth due to current events.

April 16th Noon
A leading expert from Child Welfare Training Collaborative out of Georgia State University will explore the concept of Secondary Traumatic Stress and COVID-19.

April 23rd Noon
Prevent Suicide Today, a project out of Chatham County Safety Net, will join in to discuss the importance of Self-Compassion During COVID-19.

April 30th Noon
Two leading experts from iResearch will check back in one month after their first educational meeting in partnership with NAMI Georgia. These experts will lead an interactive discussion titled Updates: Mental Health During COVID-19.