

Hillside Inc.
Client Scorecard

Name: A. Client

Program: Residential Program

Episode: 1

Admission Date: 12/27/2019

Discharge Date: 3/6/2020

LOS: 70 day(s)

CGI-I Assessment

The Clinical Global Impression scale rates the client's current level of improvement as compared to his/her level of symptoms, behavior, and functioning at admission.



CGI-I Scores

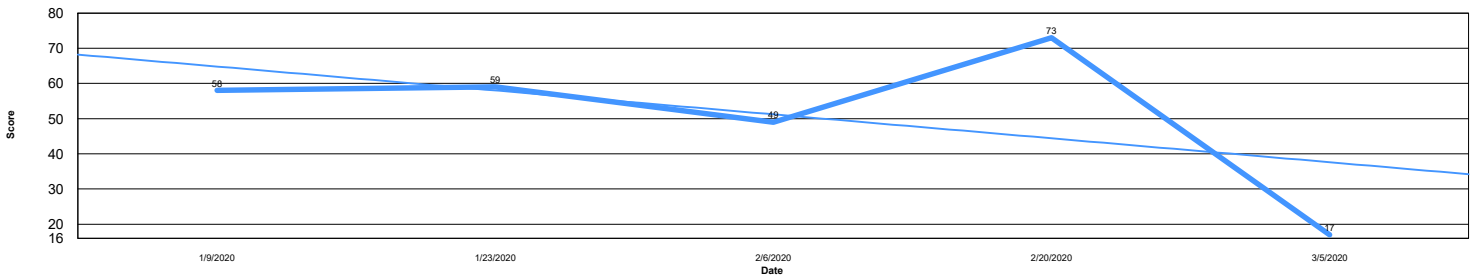
1/10/2020

2

Difficulty in Emotion Regulation Scale (DERS-16)

The Difficulties in Emotion Regulation Scale (DERS) was developed to assess emotion dysregulation and measures (a) awareness and understanding of emotions; (b) acceptance of emotions; (c) the ability to engage in goal-directed behavior, and refrain from impulsive behavior when experiencing negative emotions; and (d) access to emotion regulation strategies perceived as effective.

Scoring Interpretation: Higher scores suggest greater problems with emotion regulation.



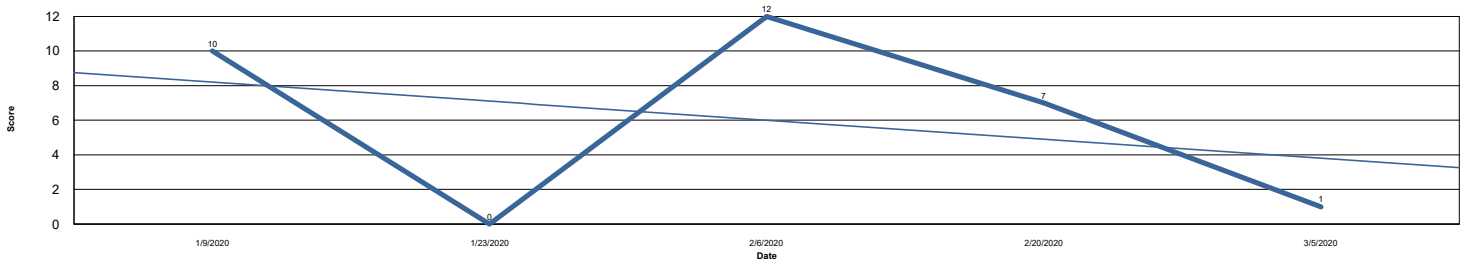
DERS-16 Score(s)

<u>1/9/2020</u>	<u>1/23/2020</u>	<u>2/6/2020</u>	<u>2/20/2020</u>	<u>3/5/2020</u>
58	59	49	73	17

Affective Reactivity Index (ARI)

The Affective Reactivity Index (ARI) is designed to examine, in a way accessible to most children and parents, three aspects of irritability: (a) threshold for an angry reaction; (b) frequency of angry feelings/behaviors; (c) duration of such feelings/behaviors.

Scoring Interpretation: Higher scores suggest a greater level of irritability and reactivity.



Affective Reactivity Index (ARI) Score(s)

<u>1/9/2020</u>	<u>1/23/2020</u>	<u>2/6/2020</u>	<u>2/20/2020</u>	<u>3/5/2020</u>
10	0	12	7	1

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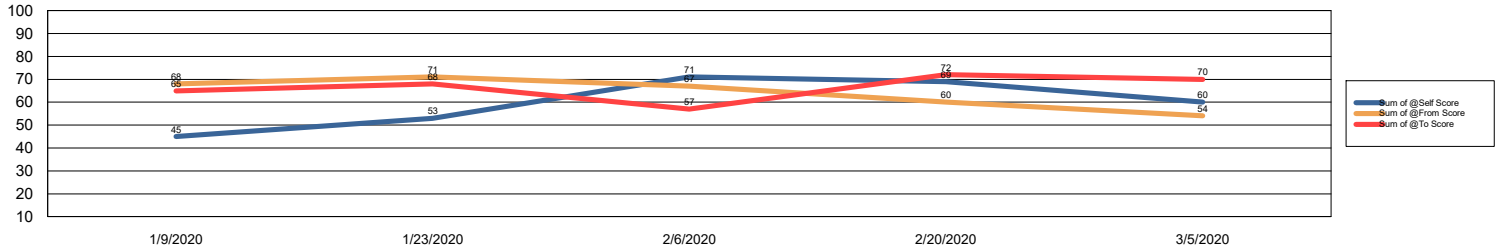
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Compassionate Engagement and Action Scales

The Compassionate Engagement and Action Scales (CEAS) assess an individual's sensitivity to suffering in themselves as well as others, with a commitment to try to alleviate and prevent it. The scale adopts two aspects of compassion. The first aspect is the ability to be motivated to engage with things/feelings that are difficult as opposed to trying to avoid or suppress them. The second aspect of compassion is the ability to focus on what is helpful to the individual. The CEAS further approaches assessment from three perspectives: (a) one's ability to be compassionate with themselves; (b) one's ability to be compassionate toward others; (c) one's assessment of compassion directed from other people in their life.

Scoring Interpretation: Higher scores suggest a greater level of compassion along each of the three subscales: compassion for **self**, compassion **to** others, compassion **from** others.



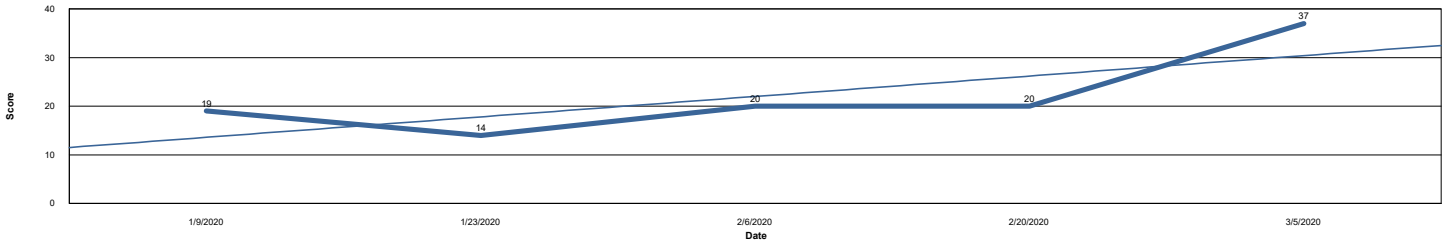
CEAS Score(s)

	<u>1/9/2020</u>	<u>1/23/2020</u>	<u>2/6/2020</u>	<u>2/20/2020</u>	<u>3/5/2020</u>
Self:	45	53	71	69	60
From:	68	71	67	60	54
To:	65	68	57	72	70

CAMM Report

The Child and Adolescent Mindfulness Measure (CAMM) is used to assess present-moment awareness and non-judgmental, non-avoidant responses to thoughts and feelings.

Scoring Interpretation: Higher scores suggest a greater level of awareness, tendencies towards non-judgment and non-avoidance.



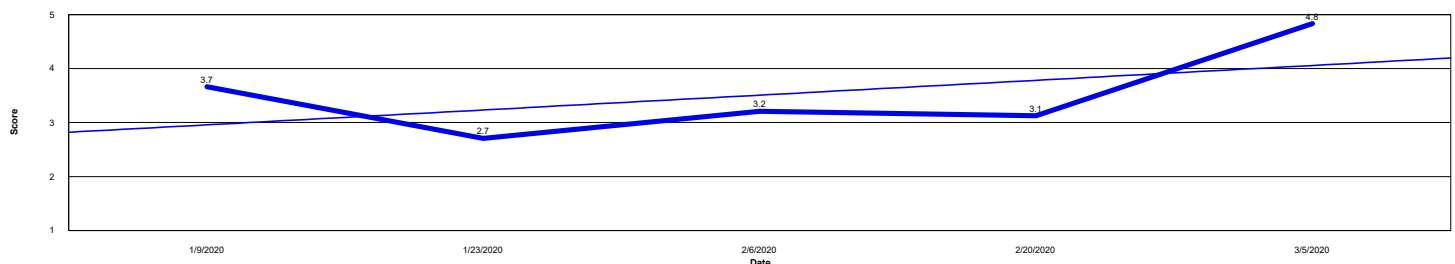
CAMM Score(s)

<u>1/9/2020</u>	<u>1/23/2020</u>	<u>2/6/2020</u>	<u>2/20/2020</u>	<u>3/5/2020</u>
19	14	20	20	37

Distress Tolerance Scale (DTS)

The Distress Tolerance Scale (DTS) is specifically aimed at measuring the perceived capacity to tolerate distress from a multidimensional framework. There are four components to the DTS model: an individual's (a) ability to tolerate emotions (**tolerance**); (b) assessment of the emotional situation as acceptable (**appraisal**); (c) level of attention absorbed by the negative emotion and relevant interference with functioning (**absorption**); and (d) ability to regulate emotion (**regulation**).

Scoring Interpretation: Higher scores suggest a greater ability to tolerate, appraise, refrain from being fully absorbed in, and regulate emotions during potentially distressing situations.



Distress Tolerance Scale (DTS) Score(s)

<u>1/9/2020</u>	<u>1/23/2020</u>	<u>2/6/2020</u>	<u>2/20/2020</u>	<u>3/5/2020</u>
3.7	2.7	3.2	3.1	4.8